

Eleanor Cully

Fixations

for various instruments

2014

Fixations for David Pocknee

Duration of each piece should be 1' or less:

Fixations 1

Place the exterior of a non-wind instrument against the bottom lip, and whilst holding it like a flute, exhale slowly

Fixations 2 (a & b)

Place a non-string instrument upon your left hand shoulder, using your right hand either/or:

- use a detachable part of that instrument to resemble a bow and move across the instrument from left to right
- pluck a part of that instrument with a finger

Fixations 3 (a & b)

In a seated position, place a non-string instrument between your knees, using your right hand either/or:

- use a detachable part of that instrument to resemble a bow and move across the instrument from left to right
- pluck a part of that instrument with a finger

Fixations 4

In a seated position, place a non-keyboard instrument across your lap and either/or:

- lay your hands down in a manner resembling playing a single chord upon a piano and remove after a few seconds
- lay your fingers down in a manner resembling playing a pattern upon a piano, once each finger has been used remove hands from the surface

Fixations 5

In a seated position, spread parts of a detachable non-percussive instrument in front of you and perform a short groove upon the parts with both hands (using two separate detachable parts of that same instrument if relevant/possible)

Fixations 6

Hold a non-guitar in a position representative of a guitar and strum the body

Fixations 7

Whilst holding it like a reed instrument, lick a small part of a non-reed instrument, place the part in your mouth and exhale slowly over it